



NurtureGroup Free Play & Support Group

NurtureGroups are facilitated by our NurtureProgram Team who themselves have had a premature or sick newborn. Babies and children from birth to starting school that have been challenged by prematurity or sickness can learn and develop through play in a fun and relaxed environment. Siblings are welcome.

Parents and carers can meet, share stories, exchange ideas on parenting, tackle medical issues and rebuild support networks and form lasting friendships.

NSW - Westmead 2024

Wednesday Fortnightly, 10.00am -12.00pm **Domain Community Rooms** 1 Oakes St. Westmead

February 14, 28

April 10

January 31

March 13, 27

May 8, 22

June 5, 19

July 3, 31

August 14, 28

Please register online before attending **Nurture**Group

September 11, 25

October 23

November 6, 20

December 4, 18

NurtureGroup has a strict wellness policy for all attendees.

